

What is a „small incision“, and what is a „micro-incision“ ?

- „Small incision“: 3.2 > 2.6mm
koaxial phako → standard foldable IOL
- „Micro-incision“: 1.6 > 1.4mm (19 > 20 gauge)
„sleeveless“ bimanual phako → MICS-IOL
(extension to 2mm+ required)

→ Difference 0.5mm approx.

What must incisions provide?

- Cornea: astigmatic neutrality
- Wound: deformation resistance

Question #1:
Do microincisions provide for greater astigmatic neutrality than small incisions ?


Criteria of judgement:

Change of corneal curvature


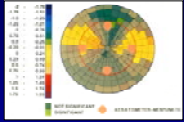
- within area of *pupillary zone*
- as evaluated by *topography*

**Why
„within pupillary zone“ ?**


... because
peripheral areas visually irrelevant



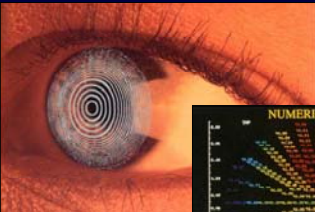

**Why
„as measured by topography“
(instead of keratometry)?**





... because
keratometry is based on only
2 pairs of points each 1.5mm apart




... whereas **topography**
picks up several thousand data points

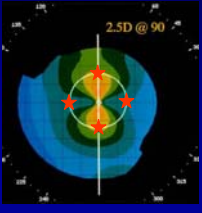



... therefore **keratometry** sufficiently
describes corneal shape changes
with **large** incisions



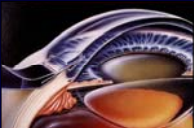
deformation

- pronounced
- symmetric
- orthogonal



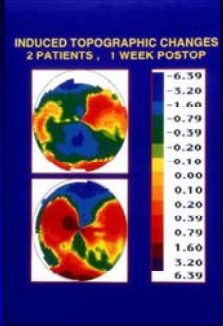



... while **topography** is required
for **micro-incisions**:




deformation

- minor or minimal
- variable
- asymmetric





**How can corneal shape changes
typical for a *given* incision
be adequately described?**



Evaluation of *collectives* using *statistical algorithms*

VECTOR ANALYSIS (GRAVY)

Time points: 1, 2, 3, 4, 12 Mo.

Incision types: 4.5mm, 8.5mm

Legend: NOT SIGNIFICANT (green), KERATOMETRIER-WEISUNG 14 (orange)

for large incisions:
Keratometry → Vectoranalysis

for small & micro-incisions
Topography → „Batchanalysis“

Vass C, Menapace R. Computerized statistical analysis of corneal topography for the evaluation of changes in corneal shape after surgery. Am J Ophthalmol 1994; 118: 177-184

Batchanalysis of Topographies

OZ=4.5mm

- The visual relevant 4.5mm zone is divided into 225 concentric fields covering 30 measuring points each
- The topographic data of 30 eyes with the same type of incision are acquired and processed
- Means & SDs are calculated and depicted color-coded
- Statistical significance of changes is calculated (WIL COXON-Test) & graphically highlighted

calculations made for all current incision constructions & sizes

Vass C, Menapace R. Computerized statistical analysis of corneal topography for the evaluation of changes in corneal shape after surgery. Am J Ophthalmol 1994; 118: 177-184

Time course & „Difference Mapping“

c3

1 Woche

1 Monat

3 Monate

3mm „stepped“ CCI

1 Wo → 3 Monate

(hatched lines)

(areas omitted)

Vass C, Menapace R, Rainer G, Schulz H. Improved algorithm for statistical batch-by-batch analysis of corneal topographic data. J Cataract Refract Surg 1997; 23: 903-912

Judgement of significance of changes (Wilcoxon-Test, preset level of significance)

3 mm CLEAR CORNEAL INCISION

WILCOXON TESTS (p<0.01)

1 Woche

1 Monat

3 Monate

1 Wo → 3 Monate

(hatched lines)

(areas omitted)

Vass C, Menapace R, Rainer G, Schulz H. Improved algorithm for statistical batch-by-batch analysis of corneal topographic data. J Cataract Refract Surg 1997; 23: 903-912

Systematic of incisions according to type & width

Incision types: HI-LCI, LCI, CCI, PLI, SP-SCI, ST-SCI

Menapace R. Aktuelle Wundkonstruktionen: Indikation, Technik, Deformationsresistenz, & Hornhautkurvaturveränderung. Proceedings 10. Kongress DGII 1997, Springer, S 27-40

1. Precut & its depth

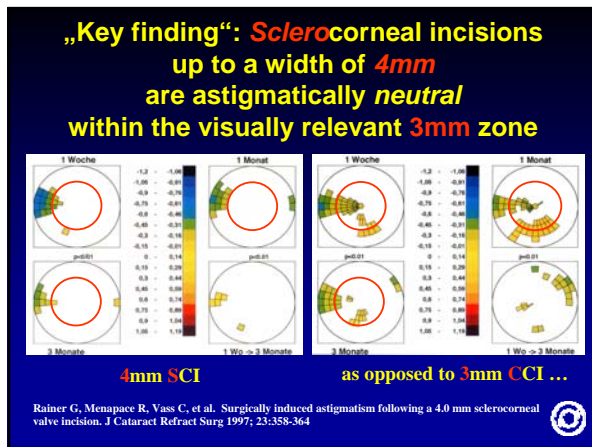
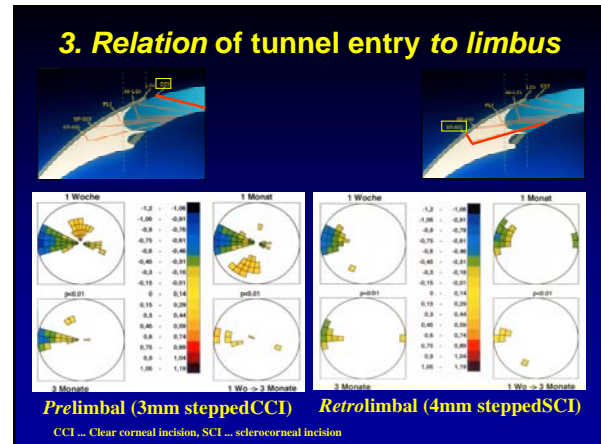
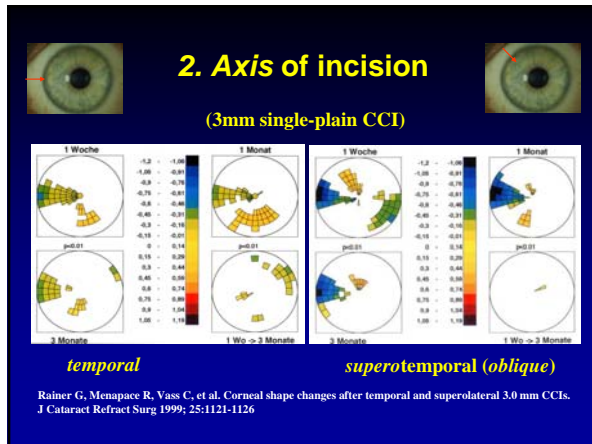
no precut

0.3 mm precut

precut → stability

0.8 mm precut (Langerman)

Vass C, Menapace R, Rainer G, et al. Comparative study of corneal topographic changes after 3.0 mm beveled and hinged clear corneal incisions. J Cataract Refract Surg 1998; 24:1498-1504



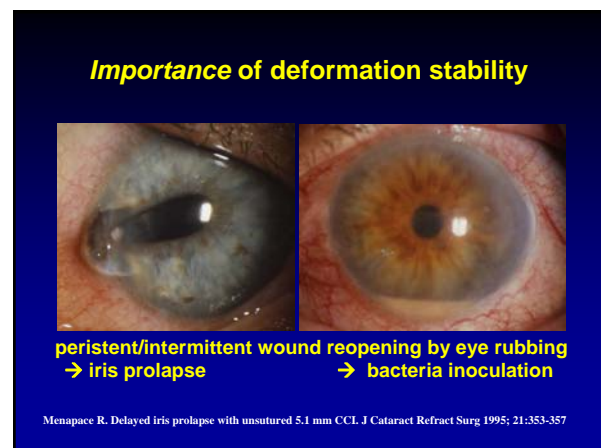
Conclusion #1:

Are microincisions „astigmatically more neutral“ compared to (adequately designed) small incisions ?

NO !

Question #2:

Do microincisions provide for greater deformation resistance than small incisions ?



How to measure deformation resistance?

„Pinpoint pressure“
1mm

indentation of wound base → iris prolapse

Ernest PH, Lavery KT, Kiessling LA. Relative strength of scleral corneal and clear corneal incisions constructed in cadaver eyes. J Cataract Refract Surg 1994; 20: 626-629. [1mm pinpoint indentation](#)

Clinically relevant deformation resistance: Resistance to digital indentation/massage

„Worst case scenario“: Tip of small finger

Menapace R. Aktuelle Wundkonstruktionen: Indikation, Technik, Deformationsresistenz, & Hornhautkurvaturveränderung. Proceedings 10. Kongress DGII 1997, Springer, S 27-40.

How to increase/optimize deformation resistance?

1. Approximating of external corner points

Menapace R. Aktuelle Wundkonstruktionen: Indikation, Technik, Deformationsresistenz, & Hornhautkurvaturveränderung. Proceedings 10. Kongress DGII 1997, Springer, S 27-40.

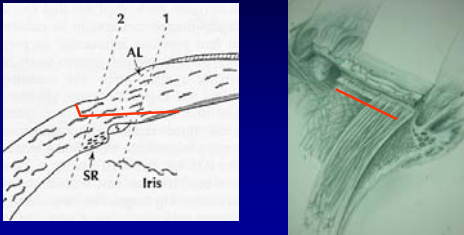
2. Encorporating limbal area ...

Ernest PH, Lavery KT, Kiessling LA. Relative strength of scleral corneal and clear corneal incisions constructed in cadaver eyes. J Cataract Refract Surg 1994; 20: 626-629.

... encorporating stretchable tissue allows for extension of proximal wound canal during lens implantation

Komai Y, Ushiki T. The three-dimensional organization of collagen fibrils in the human cornea and sclera. Invest Ophthalmol Vis Sci 1991; 32:2244-2258

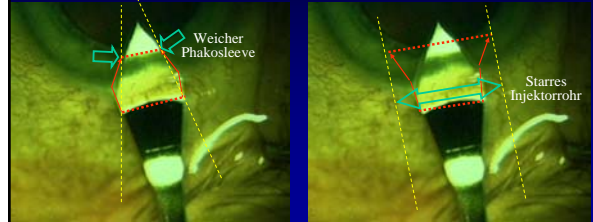
... incorporating vascularized tissue allows for fast & permanent healing of incision



Komai Y, Ushiki T. The three-dimensional organization of collagen fibrils in the human cornea and sclera. Invest Ophthalmol Vis Sci 1991; 32:2244-2258



→ Optimal incision architecture:
Limbocorneal incision with the corneal section secondarily widened for lens implantation



1. Phako/I&A:
stress-free tilting

2. IOL-implantation:
available tunnel width



Conclusion #2:

Do microincisions provide for greater deformation resistance as compared to (adequately designed) small incisions?

Answer: Theoretically yes, but:
With proper design 4mm incision provides for adequate resistance against digital indentation
→ Advantage clinically irrelevant



Advantages of MICS over SICS:

>4mm retrolimbal small incision

- astigmatically neutral
- sufficiently resistant against finger tip indentation
- allows for atraumatic forceps or injector implantation of all current foldable IOLs



Microincisions: What do we win?

no practically relevant advantages with regard to astigmatic neutrality or deformation stability



2. Advantages/Disadvantages of „bimanual Phako“ & IOL-implantation through microincisions?



What we do not want to *lose* :

Phako:

optimum efficiency & safety

- | | | |
|---------------------|------------------------|------------|
| • High flow | → followability | } Efficacy |
| • High vacuum | → holdability | |
| | „power coupling“ | } Safety |
| • Sufficient inflow | → „rock solid“ chamber | |



What we do not want to *lose* :

IOLs:

- atraumatic implantation
 - for wound
 - for IOL
- optimal optic quality
- optimal capsular bag performance
 - stable fixation
 - low after-cataract rate



MICS:

What it **must** provide for :

„Tight incisions“
=
intraoperatively non-leaking
&
postoperatively self-sealing

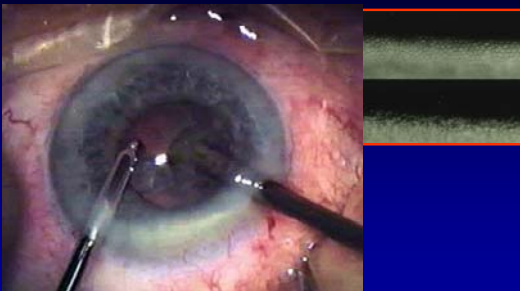


MICS: 1. Phako

- Bimanual phako through 2 paracentesis openings
- IOLs for injection through 2 mm incision

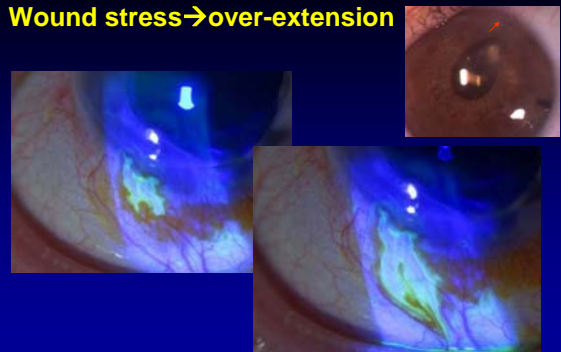


Bimanuelle Phako with *narrow* wound:
wound stress → stress folds



→ 1. intraop visualization, endothel integrity?

Wound stress → over-extension



→ 2. postop wound leakage, iris apposition

Bimanual Phako with wider wound: Outflow
 → increased turn-over of fluid, turbulences

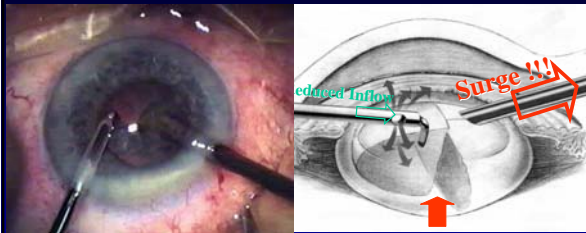


→ endothelial damage by particle bombardement

Bimanual Phaco technique requires tilting of instruments

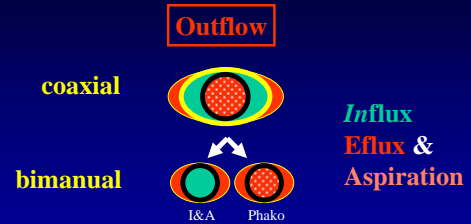
- with tight-fit wound:
 - increased wound stress
 - visibility, endothelial loss, postop leak
- with larger wound:
 - varying outflow, & thus varying chamber depth
 - imminent collapse

Bimanual phaco requires high vacuum but: limited inflow and significant leak



→ „surge“ → instable chamber:
 → jeopardizes endothelium & capsule

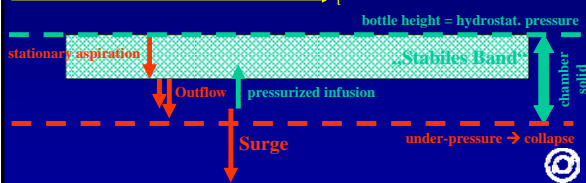
Inherent shortcoming of bimanual Phako = sleeveless Phako:



→ imbalance Inflow : Outflow

„Band of Stability“

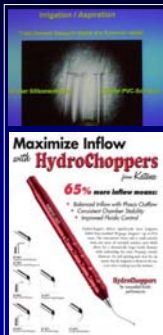
Band between static pressure without aspiration and the pressure under stationary, unoccluded conditions (the smaller the BoS, the greater the risk of collapse)



Manace of unforeseen chamber collapse due to

- surge following loss of vacuum
- limited inflow, and significant & varying outflow
- Band of Stability narrow & variable in width!

Limited inflow indespite of ...



"pressurized infusion"

- pump reaction time (lag)
- tubing compliance

MICS: 2. IOLs

- Bimanual phako through 2 paracentesis openings
- IOLs for injection through 2 mm incisions

MICS-IOL = Ultrathin plate designs: → deformation by capsular shrinkage → increased after-cataract rates

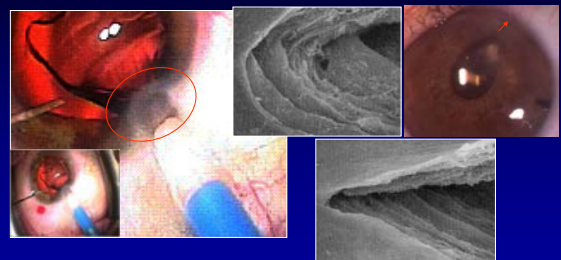
<p>*Acri.Smart Acry.Lyc 48S-5 *Acri.tec GmbH Glienicke, Germany</p> <p>n = 54</p>	<p>ThinLens UltraChoice 1.0 Technomed GmbH Baesweiler, Germany</p> <p>n = 50</p>	<p>CareFlex WZO Medizin- technik AG Bruchsal, Germany</p> <p>n = 13</p>	<p>Acriflex-MICS Acryflex 46 CSE Acrimed GmbH Berlin, Germany</p> <p>n = 27</p>
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Design similar Acryl-Linse mit 36 dpt.

Optik: 1.28mm
Haptik 0.4 mm
36.0 dpt
(Acrylale)

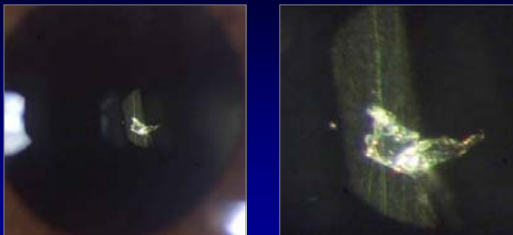
Kaya V, Sivrikaya H, Kayaarasi Z, et al. Thinoptix vs Acrysof: A prospective randomized paired comparison. J Cataract Refract Surg (submitted)

Over-extension of corneal incision → compromised self-sealing properties



Radner W, Menapace R, Zehetmayer M, et al. Ultrastructure of clear corneal incisions. Part II. Corneal trauma after lens implantation with the Microstarr injector system. J Cataract Refract Surg 1998; 24:493-497

Mini-cartridges → abrasion of lens a/o cartridge material

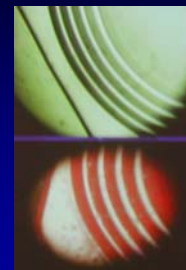


Alcon SA60AT / Monarch II

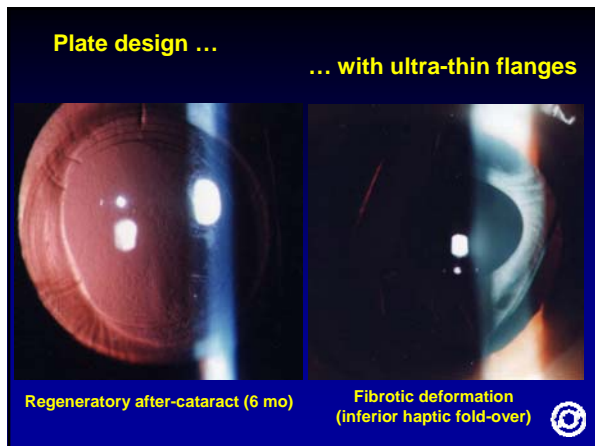
Stepped Optic



- bothering light reflexes & prismatic color rings
- intensity & color dependent upon
 - angle of infalling light
 - angle of light bending
 - source of illumination
 - IOL-position within capsular bag
 - pupil diameter



Source: J Novák, DGII 2004



MICS – Pros & Cons

Wound size MICS 2mm+ versus SICS 2.5mm

Advantage of increased corneal and wound stability theoretical – but clinically irrelevant

Disadvantages, however, clinically relevant:

- increased wound stress
- reduced phako efficiency
- increased risk for endothelium and capsule
- risk of IOL-damage and deformation
- Disturbing optical phenomena
- increased after-cataract rate

Kaya V, Sivrikaya H, Kayaarasi Z, et al. ThinoptiX vs Acrysof: A prospective randomized paired comparison. J Cataract Refract Surg (submitted)

Does this mean that „Cool Phaco“-Technology is useless?

Does this mean that „Cool Phaco“-Technology is useless?

Definitely no

1. „Cool Phaco“ enhances performance of „Coaxial Phaco“ → „Tight-fit Phaco“!
2. Potential of „Bimanual Phaco“ not yet fully exploited, & thus unclear

No burn phaco allows for „tight-fit“ = „no-leak“ incision

Cool Phaco US - Puls

Phaco Power (%)

US-Pulse = 10%

Time

„No-leak“ incision allows for „high-flow high-vacuum“ coaxial Phako

Efficacy & Safety

Modern lens systems allow for implantation through 2.5mm incision

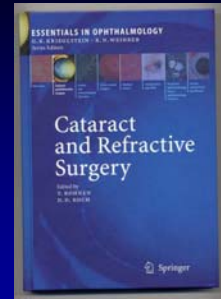


„time-tested“ IOL (design & material)

- looped haptic
- optic
 - resistant to deformation
 - continuous circular sharp posterior optic edge

Sacu S, Menapace R, Findl O, et al. Long-term efficacy of adding a sharp posterior optic edge to a 3-piece silicone IOL on capsule opacification. 5-year results of a randomized study. Am J Ophthalmol, in press

Standards of after-cataract performance



Menapace R. Prevention of PCO. In: T Kohlen, DD Koch (eds) Cataract and Refractive Surgery Essentials of Ophthalmology. Springer Berlin-Heidelberg-New York, 2004, pp 101-122

Does this mean that „Bimanual Phaco“ is useless?

???, depends on potential of future develops

1. „Cool Phaco“ enhances performance of „koaxial Phaco“! → „tight-fit Phaco“!
2. Potential for *technical improvements* not yet fully exploited - & thus unclear ...

Technical improvements, e.g.:

- Tight-fit instruments: oval(oid) diameter
- 2nd infusion (3-port) & pressurized infusion
- tubings: - inner resistance
- compliance
- air/gas content
- pump systems: sensors & venting
- Surge-control handpieces: - tip design
- microsensors

Conclusion

Bimanual Phaco today: Ready for Routine use? No (or at least: not yet) !



Surgeons skeptical of bimanual phaco

Special indications ? – Yes:

- zonular coloboma (Marfan-Syndrom)
- zonular dialysis
- subluxated lens
- soft cataract
- esp. With small pupil



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Future of Bimanual Phako?

ICCE

→ ECCE

→ Coax Phako ...

→ *biman Phako/Laser*

... the way it will be ?

???, Time will tell ...



Thank you
for
your kind attention

rupert.menapace@meduniwien.ac.at

No financial interest